

**NICOLE WILKINS** 2011 IFBB Figure Olympia Champion  
2011 Figure International Champion

THIS

IS YOUR YEAR.

▶ Packed with 46 grams of  
METAMYOSYN® Protein Blend\*

Two championship titles prove you are dedicated... but your true reward awaits you in the mirror. You see your dedication take shape a little more each day. You're determined to stay on the successful track. That's why you keep your nutrition dialed in with MET-Rx® Protein Plus® protein powder. It's loaded with the high quality protein you need to support lean muscle, promote strength and keep your championship edge.\*

Some people shape their bodies with iron... you use hard work.

Also available in Vanilla & Berry Blast.

For more info, call 1-800-55-METRX or visit [www.metrx.com](http://www.metrx.com)

\*Based on current label information. MET-Rx and MET-Rx Protein Plus are trademarks. The price is not intended to disparage, trade, or prove any disease.

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

\*For two scoops. Nicole Wilkins is a paid MET-Rx endorser. ©2011 MET-Rx USA, Inc. 11-11-11



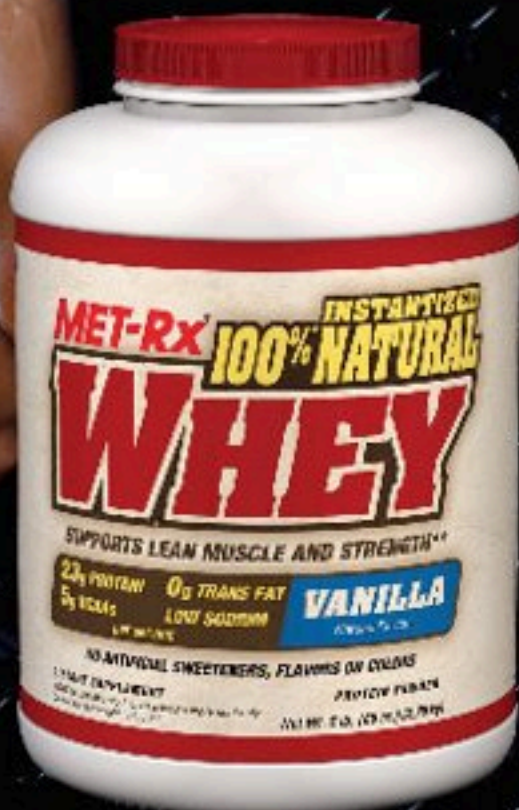
**MET-Rx**  
Shaping Every Body.



## The Natural Athlete.

The problem with being a natural athlete is that your grueling workouts, unwavering dedication and ceaseless work ethic often get overlooked. Sure you've got great genes, but it took a lot of hard work to look good in them. That's why you only put the best into your workouts and your body. You use MET-Rx<sup>®</sup> Instantized 100%<sup>\*</sup> Natural Whey. It's loaded with the high quality protein you need to support muscle without all the junk and fillers.<sup>\*\*</sup> You treat your nutrition the same as your workouts—you put the best in and you take the best out of it.

Some people shape their bodies with iron... you use hard work.



Packed with  
23 grams of protein.\*

Also available in Chocolate.

For more info, call 1-800-55-METRX or visit [www.metrx.com](http://www.metrx.com)

Available at fine health food stores, gyms, and wherever sports nutrition products are sold.

\*This product contains 100% natural whey protein isolate.

\*\*Based on a diet of 2500 calories. For more information, visit [www.metrx.com](http://www.metrx.com).

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100% NATURAL WHEY PROTEIN ISOLATE. 23g PROTEIN, 0g TRANS FAT, 5g BCAA'S, LOW SODIUM. VANILLA FLAVOR. NO ARTIFICIAL SWEETENERS, FLAVORS OR COLORS. 1 SUGAR FREE SERVING. 100% NATURAL WHEY PROTEIN ISOLATE. 23g PROTEIN, 0g TRANS FAT, 5g BCAA'S, LOW SODIUM. VANILLA FLAVOR. NO ARTIFICIAL SWEETENERS, FLAVORS OR COLORS. 1 SUGAR FREE SERVING.

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Shaping Every Body.