The Comfort Zone

IFBB figure pro Nicole Wilkins Lee knows her body. The 12 years she spent as a gymnast before launching into fitness competitions in 2002 gave her an intimate sense of how to keep her figure fine-tuned for the bright lights of the stage — and the page. Now the It Girl of the figure world, with wins in the industry’s most esteemed competitions the Figure Olympia and the Figure International, Nicole knows how to turn the challenge of a topless pose into a class act of comfortable confidence.

"I work really hard on my body, so I don’t mind showing it off — although I like to leave something to the imagination."
“FOR SHOTS LIKE THIS, IT CAN BE HARD TO BE SEXY WHEN YOU'RE STANDING IN A KIDDIE POOL WHILE SOMEONE DUMPS WATER ON YOUR HEAD.”
"When I'm modeling, I like to imagine myself in a certain situation. What I'm thinking shows on my face."

Nicole Wilkins Lee Profile
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Snapshot

Birthdate: Feb. 5, 1984
Birthplace: Royal Oak, Michigan
Current Residence: Sterling Heights, Michigan
Height: 5'5"
Weight: 128 pounds

Career Highlights:
First woman to hold Figure International and Figure Olympia titles simultaneously

Contact:
nicolewilkinslee.com

"The shots I did with my shirt off were the most risqué shots I've done, but I like my body. I'm very comfortable with it."